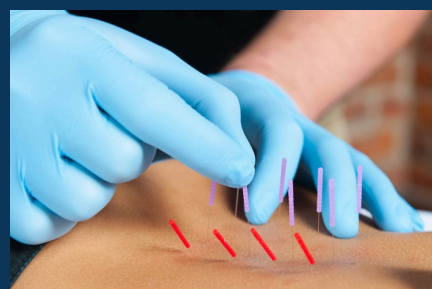


Suburban Physical Therapy

Accessibility. Experience. Results.

A La Carte Treatments



DRY NEEDLING

15 minute dry needle session

\$75- first appointment
30 minutes for
assessment + needling

Follow Up Sessions:

\$40- small area
\$60- large area



CUPPING

15 minute static or dynamic
cupping session

\$75- first appointment
30 minutes for
assessment + cupping

Follow Up Sessions:

\$40- static cupping
\$60- dynamic cupping



GRASTON

10-20 minute session w/a PT
using Graston tools on affected
area

\$75- first appointment 30
minutes for assessment +
graston

Follow Up Sessions:

\$40- 10 minutes
\$60- 20 minutes

Bundle Package

1 small area dry needling, static cupping, or 10-minute Graston sessions

5 sessions for **\$180** or 10 sessions for **\$350**

1 large / 2 small areas dry needling, dynamic cupping, or 20 min Graston

5 sessions for **\$275** or 10 sessions for **\$500**

ALTER G TRAINING

Up to 30 minute session on anti-
gravity treadmill

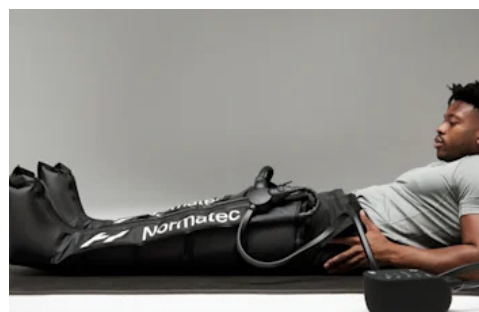
\$30- 1 session up to 30 min

\$100- 5 sessions/**\$180**- 10
sessions



NORMATEC COMPRESSION

Dynamic compression massage to assist in
recovery from exercise. Reduces swelling and
soreness and speeds up recovery time by
increasing oxygenation and circulation in the
legs. **\$25**- 30 min session



Additional products and services

KT Taping- **\$50** - includes roll of tape and instructions specific to your needs

Gym Membership*- **\$40**/month or **\$70**/month/couple- Ask your therapist if this would be a good
option for your recovery

Home Traction Rental- **\$25**/ week for up to 2 weeks max